





**ST TAMMANY PARISH PUBLIC SCHOOLS  
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS  
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> All Lines Dipping Chicken Nuggets Fresh Broccoli Florets Cheesy Mashed Potatoes Fresh oranges Chilled mixed fruit School Made Roll	<b>3</b> <b>Main Line:</b> Ravioli and Marinara Crisp Fresh Salad Garlic Breadstick Chocolate Chip Cookie <b>Take Out Line:</b> Hot Dog w/chili Vegetable Blend Juice Fresh oranges Potato Rounds Chocolate chip cookies	<b>4</b> <b>Main Line:</b> Beefy Burrito OR Nachos Supreme Seasoned Corn Bananas Fresh Cinnamon Breadstick <b>Take Out Line:</b> Classic Chicken Sandwich w/ Lettuce and Tomato French Fries Watermelon	<b>5</b> <b>All lines</b> Classic Chicken Sandwich OR Kick'n Chicken Sandwich w/ Lettuce and Tomato Baked Beans Sliced Peaches Fresh Pears French Fries	<b>6</b> <b>PARISH FAIR HOLIDAY</b>
<b>9</b> <b>All Lines</b> Delicious Chicken Tenders Crisp fresh Salad Tasty Green Peas Fresh Red Apples Flavored Raisins Mac-n-Cheese Fresh Baked Roll	<b>10</b> <b>Main Line:</b> Creamy Chicken Fettuccini Crisp Baby Carrots Pears Seasoned Green Beans Fresh Baked Garlic Breadstick <b>Take Out Line:</b> Homestyle Hamburger Crisp Lettuce Sliced Tomatoes Frozen fruit sorbet French Fries	<b>11</b> <b>Main Line:</b> Finger Lick'n Roasted Chicken Crisp Baby Carrots Louisiana Red Beans & Rice Applesauce Fresh Baked Biscuit <b>Take Out Line:</b> Hot Dog w/chili Crisp Baby Carrots Cantaloupe cubes Potato rounds	<b>12</b> <b>Main Line:</b> Kick'n Chicken Gumbo Crisp Baby Carrots Southern Potato Salad Fluffy Brown Rice Fresh Baked Breadstick Chewy Oatmeal Cookie <b>Take Out Line:</b> Meatball Sub w/ Marinara Fresh Grapes French Fries Chewy Oatmeal Cookie	<b>13</b> <b>PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)</b>
<b>16</b> <b>All Lines</b> Dipping Chicken Nuggets Crisp Garden Salad Cheesy Potato Au Gratin Pineapple Tidbits Fresh Oranges Fresh Baked Roll	<b>17</b> <b>National Pasta Day</b> <b>Main Line:</b> Italian Meat Sauce w/Pasta Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie <b>Take Out Line:</b> Kick'n Chicken Sandwich OR Classic Chicken Sandwich Crisp Lettuce Mixed Fruit French Fries Chocolate Chip Cookie	<b>18</b> <b>Main Line:</b> Cheesy Chicken Quesadilla OR Festive Chicken Gordita Zesty Refried Beans Fruit Crisp Crispy Lettuce Fresh Salsa <b>Take Out Line:</b> BBQ Pork Sandwich Crispy Carrot Sticks Watermelon Potato Rounds	<b>19</b> <b>Main Line:</b> Southern Fried Catfish OR Creole Baked Catfish Fresh Baked Potatoes Creamy Cole Slaw Fresh Baked Roll <b>Take Out Line:</b> Homestyle Hamburger Crisp Lettuce Sliced Tomato Bananas Pears French Fries	<b>20</b> <b>All Lines</b> Stuffed Crust Pepperoni Pizza Or Chicken Quesadilla Crisp Garden Salad Seasoned Corn Dipping Marinara Applesauce Frozen fruit cup
<b>23</b> <b>All Lines</b> Delicious Chicken Tenders Crispy Baby Carrots Crisp Green Salad Fresh Red Apples Pears Macaroni & Cheese Fresh Baked Roll	<b>24</b> <b>Main Line:</b> Nacho Supreme Refried Beans Fresh Salsa Fresh Baked Cinnamon Stick Mixed Fruit <b>Take Out Line:</b> Chicken Patty Sandwich Crisp Lettuce Sliced Tomatoes Frozen Fruit Sorbet French Fries	<b>25</b> <b>Main Line:</b> Turkey w/Gravy Sweet Potato Casserole Cauliflower Florets Fresh Crisp Carrots Fresh Baked Roll <b>Take Out Line:</b> Fish Patty Sandwich OR Meatball Sub Tartar sauce Crisp Lettuce French Fries Cup Cakes	<b>26</b> <b>Main Line:</b> Superior Salisbury Steak Fresh Broccoli Florets Creamy Mashed Potatoes Fresh Baked Roll Rice Crispie Treat <b>Take Out Line:</b> Smoothie w/Cheese Stick OR Fiesta Nachos Crisp Garden Salad Crispy Carrot Sticks Fresh Baked Breadstick	<b>27</b> <b>National Potato Day</b> <b>All Line:</b> Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomato French Fries Chilled Fruit
<b>30</b> <b>Main Line:</b> Ravioli and Marinara Fresh Tossed Salad Garlic Breadstick Chocolate Chip Cookie <b>Take Out Line:</b> Hot Dog w/chili Vegetable Blend Juice Pineapple Tidbits Potato Rounds Chocolate Chip Cookie	<b>31</b> <b>All Line:</b> Dipping Chicken Nuggets Fresh Broccoli Florets Mixed Fruit Fresh Oranges Cheesy mashed Potatoes Fresh Baked Roll		<b>LUNCH PRICES:</b> <b>Reduced (PK-12)</b> <b>\$0.40</b> <b>Full Price (PK-6)</b> <b>\$1.30</b> <b>Full Price (7-12)</b> <b>\$1.55</b> <b>Eligible Adults</b> <b>\$3.25</b> <b>Visitors</b> <b>\$4.25</b>	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk  Assorted Fruits & Veggies   <b>Optional Daily Entrée:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.