



Monteleone Jr. High  
LUNCH MENU  
September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Curb side breakfast &amp; lunch menu for each week</b>				
French toast mini Apple juice Fruit Milk  Chicken strips French fries Fruit Bun /milk	Cereal/ graham crackers Apple juice Fruit Milk  Hamburger Ranchero beans Carrots/fruit Bun/milk	Egg & cheese sandwich Apple juice Fruit Milk  Sunbutter sandwich Apple juice/ fruit Carrots/celery sticks Milk	Cereal/ graham crackers Apple juice Fruit Milk  Corn dog Broccoli/carrots Fruit milk	Pop tarts Apple juice Fruit Milk  Chicken sandwich Fruit Carrots/celery sticks Milk
7  No School	8  Chicken Tenders Carrot sticks Fruit French Fries Roll	9  Chicken Tenders Carrot sticks Fruit French Fries Roll	10  Chicken Tenders Carrot sticks Fruit French Fries Roll	11  Chicken Tenders Carrot sticks Fruit French Fries Roll
14  Chicken sandwich Carrot sticks Lettuce French Fries	15  Chicken Quesadilla Black beans Fruit Fresh made salsa Corn Jalapeno's	16  Meat sauce & Pasta Green Beans Fruit Hot French bread	17  Baked Chicken & Red Bean w/rice Cole Slaw Fruit Biscuit	18  Hamburger/ Cheeseburger Fruit Lettuce Tomato Slices French Fries
21  Chicken Quesadilla Black beans Fruit Fresh made salsa Corn Jalapeno's	22  Chicken sandwich Carrot sticks Lettuce French Fries	23  Baked Chicken & Red Bean w/rice Cole Slaw Fruit Biscuit	24  Meat sauce & Pasta Green Beans Fruit Hot French bread	25  Hamburger/ Cheeseburger Fruit Lettuce Tomato Slices French Fries
28  Chicken Tenders Green Peas Mashed Potatoes w/gravy Fruit Fresh baked rolls	29  Big Beef Burrito Ranchero beans Fruit Fresh made salsa Jalapeno's	30  Ham or Turkey sandwiches fruit French Fries		<b>AVAILABLE DAILY:</b> Low-Fat White Milk Low-Fat Chocolate Milk Low-Fat Strawberry Milk  Assorted Fruits & Veggies   <b>Optional Daily Entrée:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.